

IOSCO COUNTY COMMISSION ON AGING – OSCODA

653 State St. SW, Oscoda, MI 48750

FEBRUARY

2023

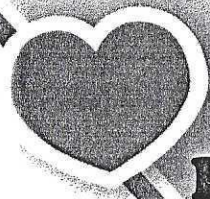
| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|---|--|
| | | 1 10:30-Intermediate Line Dancing 12:30-Senior Trivia | 2 9:00-10:00 Cardio Drumming 12:30 Pinochle or Euchre 1:15-Crafts | 3 10:30- Writing Club 10:30- Relaxation Coloring 5:00- Cardio Drumming |
| 6 9:30-Bridge 1:00 Board Games | 7 9:00-10:00 Cardio Drumming 10:30- Line Dancing | 8 10:30-Intermediate Line Dancing | 9 9:00-10:00 Cardio Drumming 12:30 Pinochle or Euchre 1:15-Crafts | 10 10:30- Writing Club 10:30- Relaxation Coloring 5:00- Cardio Drumming |
| 13 9:30-Bridge 1:00 Board Games | 14 9:00-10:00 Cardio Drumming 10:30- Line Dancing | 15 10:30-Intermediate Line Dancing 12:30-Senior Trivia | 16 9:00-10:00 Cardio Drumming 10:30-OASC Board Meeting 12:30 Pinochle or Euchre 1:15-Crafts FEBRUARY BIRTHDAY PARTY, AFTER LUNCH IS SERVED!!! | 17 10:30- Writing Club 10:30- Relaxation Coloring 5:00- Cardio Drumming |
| 20 9:30-Bridge 1:00- Board Games | 21 9:00-10:00 Cardio Drumming 10:30- Line Dancing | 22 10:30-Intermediate Line Dancing 12:30-Senior Trivia | 23 9:00-10:00 Cardio Drumming 12:30 Pinochle or Euchre 1:15-Crafts | 24 10:30- Writing Club 10:30- Relaxation Coloring 5:00- Cardio Drumming |
| 27 9:30-Bridge 1:00- Board Games | 28 9:00-10:00 Cardio Drumming 10:30- Line Dancing | | | |

* Sundays- 5:00 pm Euchre

PLEASE LET THE CENTER HOST KNOW IF THERE IS AN ACTIVITY YOU WOULD LIKE TO SEE ON THE ACTIVITY SHEET.

*Tuesdays-6:00 pm Sunrise Woodcarvers

*Thursdays-6:00 pm Pinochle



FEBRUARY | 2023

IOSCO COUNTY COMMISSION ON AGING

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|--|
| | | 1 Spaghetti Prince Charles Blend Vegetables Tossed Salad Apple | 2 Beef Burrito Refried Beans Orange | 3 Roast Pork Mashed Potatoes Broccoli Mixed Fruit with Jello |
| 6 Pizza Tossed Salad Broccoli & Cauliflower Diced Pears | 7 Hot Dog with Coney Sauce Potato Wedges Cole Slaw Orange | 8 Meatloaf Mashed Potatoes Cole Slaw Spiced Pears | 9 Bean Soup with Ham Tossed Salad Breadstick Tropical Fruit Cup | 10 Baked Swai Macaroni & Cheese Brussel Sprouts Apple |
| 13 BBQ Chicken Breast Baked Potato Italian Blend Vegetables Pineapple | 14 Happy Valentine's Day Swiss Steak Mashed Potatoes Carrots Ambrosia Salad | 15 Liver & Onions Red Skin Mashed Potatoes Cauliflower Peaches | 16 Lasagna Tossed Salad Prince Charles Blend Vegetables Garlic Toast Apple | 17 Lemon Pepper Fish Macaroni & Cheese Broccoli Tropical Fruit Cup |
| 20 Smothered Chicken Rice Pilaf Broccoli & Cauliflower Banana Cream Cup | 21 Sloppy Joe Potato Wedges Cole Slaw Peaches | 22 Roast Beef Mashed Potatoes Green Beans Orange | 23 Orange Chicken Brown Rice Winter Blend Vegetables Fruit Parfait | 24 Swedish Meatballs Brown Rice California Blend Vegetables Orange |
| 27 Chicken Taco Salad Mexican Corn Tortilla Chips Pineapple | 28 Stuffed Cabbage Roll Winter Blend Vegetables Apricots | | | |

News

Please call your preferred center to make reservations one day in advance. Suggested donation – 60+ is \$3.00. Participants under 60 must pay the Center Host \$7.50.



IMPORTANT NUMBERS

Hale Center –
989-728-4251
Oscoda Center –
989-739-3668
Sand Lake –
989-469-9361
Tawas –
989-362-6892
Janice-989 -739-3781
Jeneane-989-7282206